



Catherine Potechin

Chair



Catherine Potechin joined the Food for Life Board of Directors in July 2013 and assumed the role of Vice Chair and Chair of the Governance/ Nominating committee in 2014.

Catherine is a highly accomplished, enterprising global executive with forte in strategic leadership and expertise in general management, sales, marketing, and team leadership across various industries including Pharmaceuticals, medical/healthcare, Nutritional CPG, Ergonomics and Anti-microbial Ingredient Brand Chemical. After a successful global career that took her to Australia, Asia, USA, Latin America and Europe, she recently returned home to Canada to settle in Oakville, Ontario. At present she applies skills and expertise learned throughout her career in consulting and interim leadership roles in Board Directorships.

She also serves on the Board of Directors for Central West Specialized Development Services, a not-for-profit charitable organization providing a wide range of services to individuals with developmental disabilities. Additionally she is actively seeking to leverage corporate career expertise and governance experience and skills development to serve on a corporate (for-profit) Board.