

2016

ANNUAL REPORT



Distributing fresh
nutritious food
to the hungry



food *for* life

Executive Message : *The Transformational Power of Partnerships*

Fresh food is essential to ensure health and wellbeing - a basic element of life that everyone deserves. Yet, statistics show that one in 10 within Halton Region are battling hunger and have limited access to a healthy diet.

As we reflect on the milestone growth in fresh food distributed by Food for Life, we also bring our minds to the staggering increase in those relying on food programs each and every month. In fact, Food for Life distributed food to provide for the equivalent to 6,800 meals per day – and we need to do more.

All in all, healthy food distribution increased to 2.5 million pounds and the number of monthly client visits climbed 28% to 38,000/month.

As the need continues to grow and the community responds with increased participation in programs, Food for Life has taken a strategic and robust approach to continue to reduce hunger in the community through the launch of innovative efforts, initiatives and collaborative partnerships.

- With close to 20% of neighbours served being employed, we launched food programs geared to helping the working poor, the precarious class, to ensure programming is suitable for those working full or part time.
- We spearheaded the development of the Ending Waste to Feed Hunger program.
- With the goal to better serve diversity, a dedicated focus was anchored to source more special dietary and culturally appropriate food.
- The year was completed with a newly launched Ride to Provide fundraising event with Burlington Food Bank/Partnership West raising more than \$50,000 to support the hungry in our community.

In partnership with Halton Region and the Halton Poverty Roundtable, a major accomplishment was the leadership and mobilization of a series of community consultations and forums engaging community stakeholders, food programs and neighbours benefiting from programs. The outcomes of which produced opportunities for innovation and best practices. We celebrate the continued progress of these efforts with a Collective Impact funding commitment secured by the Ontario Trillium Foundation.

A highlight to wrapping up the year was recognition by Charity Intelligence as one of Canada's top 10 charities for social impact, an honour and accolade we take great pride in.

This marks the 21st year Food for Life has been providing those in need with fresh, nutritious food. Collaboration, a commitment to continuous improvement and partnerships are really at the core of our service model. We are grateful to the food donors, financial donors and volunteers for being instrumental in helping us to build resilient communities free from hunger.



Catherine Potechin, Incoming Chair



Brenda Hajdu, Executive Director

BOARD OF DIRECTORS

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Ryan Buisman, *Operations Manager*

Ron Hiegelsberger, *Driver*

Michael Murphy, *Driver*

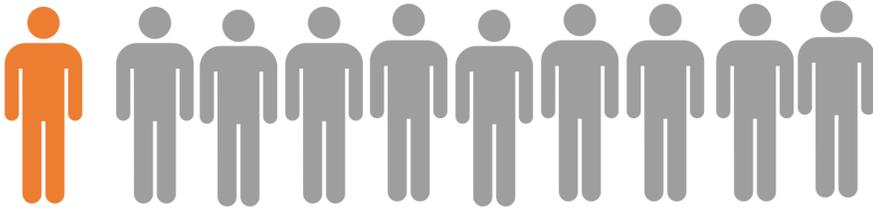
Meaghan Richardson, *Food Procurement Manager*

John Sharp, *Driver*

Donna Slater, *Program Manager*

Sarah Wolf, *Community Engagement Coordinator*

COMMUNITY IMPACT REPORT



1 in 10 people in Halton experience hunger

38,239

Neighbour visits every month through Food for Life programs

40,960

Number of hours volunteers invested in Food for Life in 2016

80+

Food for Life agency partners that distribute food to the hungry.

2.5 Million

Pounds of food distributed by Food for Life in 2016

21%

Of neighbours served are seniors



38%

Of neighbours served are children

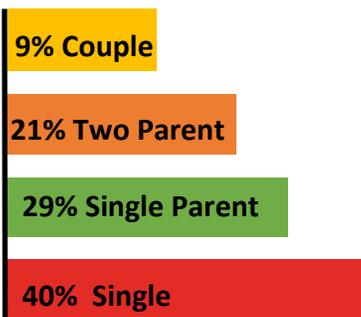


Of food distributed is fresh produce, meat and dairy

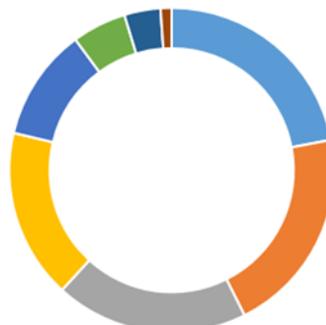


Of food distributed is perishable

Client Household Demographics



Client Household Income



- 22% - Disability Benefits
- 21% - Old Age Pension
- 19% - Employed
- 17% - Ontario Works
- 11% - Other
- 5% - No Income
- 4% - Employment Insurance
- 1% - Student Loan

Community Programs & Partners

ACTON

Acton Food Share

Bethel Christian Reformed Church (FFL)

Lakeview Seniors Residence (FFL)

Links2Care

St. Alban's Anglican Church (FFL)



Burlington

Aldershot Village Residence (FFL)

Applemead Co-operative Homes (FFL)

ArtHouse

Bill Shackleton Place (FFL)

Brant Hills Presbyterian (FFL)

Burlington East Presbyterian (FFL)

Burlington Food Bank/Partnership West

Compass Point Bible Church

Compassion Society of Halton

Don Quixote Co-operative Homes (FFL)

Faith Christian Reformed Church (FFL)

Friday Night Community/Wellington Square United Church

North BurLinkton Dinner

Halton Children's Aid Society

Halton Islamic Association (FFL)

Halton Multicultural Connection (2) (FFL)

Kids Chill Zone—Burlington

Longmoor Seniors Residence (FFL)

Maple Crossing/Life Church (FFL)

Next Door Space Community Kitchen

Open Doors Food Bank

Our Kids Network—Aldershot Hub

Pinedale Seniors Residence (FFL)

Our Community Cares

- Surrey Lane
- Burloak

St Christopher's Anglican Church

St. Luke's Anglican Church (FFL)

Shifra Homes Inc

Stoa Co-operative Homes (FFL)

Summit Housing—Burlington (FFL)

Salvation Army Burlington Community and Family Services

Tansley United Church (FFL)

Georgetown

Georgetown Breadbasket

Community Living—Georgetown

Summit Housing

St. Alban's the Martyr Anglican Church—Glen William (FFL)

St. John's United Church (FFL)



"I love coming here ...
everyone is so helpful and loving.
This place has supported me and
taught me to believe in myself."

Neighbour

Community Programs & Partners

Milton

40 Ontario St. Senior Residence (FFL)
Bob Rumball Association for the Deaf
Community Living North Halton
Grace Anglican Church—Community Dinner
Halton Multicultural Connection (FFL)
Hope Place Recovery Centres—Halton Recovery House
Hope Place Recovery Centres— Woman’s Treatment Centre
Martin House Seniors Residence (FFL)
Milton Community Dinner (The Meeting House)
Milton Community Resource Centre
Milton Bible Church (FFL)
Milton Gospel Hall (FFL)
Salvation Army—Khi Community

"I don't feel so stressed, it helps me get by during those tough months."

Neighbour

Region Wide

Halton Food for Thought
Halton Food4Kids

Hamilton

Good Shepherd Centre
Hamilton Food Share
Kings Way Blessing Centre
Neighbour to Neighbour
Salvation Army, Booth Centre
Triple H Recovery
Food with Grace –Waterdown
Parkview Church –
Compassion Ministries

Mississauga

The Compass Market
Eden Food for Change

Oakville

ArtHouse
Big Brothers Big Sisters of Halton
Birch Glen Co-operative Homes (FFL)
Clearview Christian Reformed Church (FFL)
Dar Foundation (FFL)
Front Line Outreach (FFL)
Glen Oaks Co-operative Homes (FFL)
Grace House Incorporated
Halton Lighthouse Shelter & Family Emergency Shelter
Halton Multicultural Connection (FFL)
Hopedale Bible Chapel (FFL)
Howard & Jean Caine Apartments/March of Dimes
John Rhodes Seniors/Church of St. Peter and St. Paul

- Kerr Street Seniors Tea (FFL)

Kerr Street Mission
Lions Foundation of Canada Guide Dogs
Oakville Youth Centres:

- Bronte Youth Centre
- Nottinghill Youth Centre
- QEPCCC Youth Centre

Oak Park Neighbourhood Centre
Oakridge Bible Chapel (FFL)
St Jude’s Anglican Church (FFL)
St Luke’s Palermo Anglican Church —Nourishing our Neighbours (FFL)
St. Hilda’s Anglican Church (FFL)
Summit Housing and Outreach Community Kitchen
Support and Housing Halton
YMCA Oakville –Youth Engagement

*** Those marked with “FFL” indicate programs directly managed by Food for Life**



THE PEOPLE WE SERVE ...

These are the Smith's, they are your neighbours.

- Tom is gainfully employed full time earning \$40,000/ yr.
- His wife Sarah has fallen ill and can no longer work.
- They have five children.
- Sarah called last week, as they had limited money to buy food.
- Food for Life was able to direct them to a program in their area able to provide them with the items they needed for their family.



You've probably never met Carla, yet you have seen her in the park playing with her two boys.

- Carla has not worked since her first child was born.
- Since she left her abusive boyfriend, she is living in social housing.
- With a second child just five months old, her situation is likely to continue for quite some time.
- Food for Life supports local food banks, community housing and runs an onsite program where Carla lives.



You've seen Aiden walking to school.

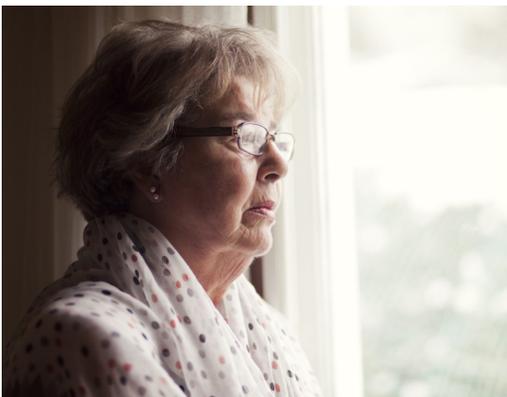
- Aiden is a great kid.
- Aiden lives in low income household and goes to school hungry every single day.
- Aiden's situation is apparent to his peers on pizza day at school, when he is the only one without a slice.
- Food for Life supports youth food programs such as Halton Food for Thought and Food4Kids.

**38% of those
supported are
children.**



Catherine volunteers at church and the community centre.

- Catherine lost her husband nine years ago.
- She loves her six grandchildren.
- Catherine is on a fixed income and has to choose between paying for heat and household bills or buying groceries.
- Catherine attends a weekly senior nutrition program, and community dinners, supported by Food for Life to provide her with fresh nutritious food.



Ken has infrequent outings resulting from disability and lives on a fixed income.

- Ken has diabetes and lives in a wheelchair.
- With a low income, Ken struggles with accessing nutritious food to manage the disease.
- Food for Life has set up programs on-site in low income residences for individuals on fixed disability income. Ken can now easily access fresh food every week.



FOOD DONORS

Allison's Farm Market
American Women's Association
Amma Canada
Andrews Scenic Acres
Approved Cold Storage
Bayshore Vegetable Shippers
Bosch Rexroth-Food Drive
Burlington Community Garden
Burlington Convention Center
Busy Liz's Farm Shop
CIT Food Drive
Clarkson Public School
Clemens Foundation-Food Drive
Cobs
Corwhin Herbs and Produce
Costco
Cotts
Cumis Garden
DM Heavenly Farm
Earthfresh
Eatrite
Sergi Fernando Farm
Fortinos
Fresh Start Foods
GE Yes We Can Food Drive
Gift of Giving Food Drive
Golden Horseshoe Wholesale
Gordon Food Service
Green City Produce
Halton Fruit Tree Project
Halton Honda Food Drive
Halton Waste Management –Food Drive
Homestead Foods
Inventive Health-Food Drive
Ippolito

James W Hill Public School-Food Drive
Jan Kelley –Food Drive
JD Smith and Sons Ltd.
JD Transport
John Laussen Farm
Livewell Health– Food Drive
Longo's
Mabel May Farms
Maple Leaf Foods
Maple Lodge Farms
Marshalls Real Farm Market
Mattamy Food Drive
Metro
Mondelez International
Oak Park Centre Food Drive
Panera
Plan B Organic Farms
Private Brands Consortium
Ramadan Rangers– Food Drive
John Opsteen Farms
Sewing ETC.-Food Drive
Sobeys Milton
Sodexo
Sysco Food Service Inc.
Thompson Farm
Today's Logistics
Traffix
Treehouse Foods
Tregunno Fruit Farms Inc.
Van de Water Raymond
Versacold Storage
Vilore Foods
Walkers Chocolates
Wallace and Carey
Walmart

Whole Foods Market

Food Sharing Partners

Brantford Food bank
Burlington Food Bank/Partnership West
Community Cares –St. Catharines
Daily Bread Food Bank
Eden Food For Change
Feeding Halton
Food Banks Canada
Forgotten Harvest
Good Sheperd
Halton Food for Thought
Hamilton Food Share
Moisson Montreal
Second Harvest
Speroway
Waterloo Food Bank



Thank you to all our Corporate Volunteers who sorted thousands of pounds of food. This half day program is a fun, impactful experience that allows local organizations to give back to their community.



FINANCIAL DONORS

Benefactors (\$100,000+)

Halton Region Community Investment Fund
Ontario Trillium Foundation
Sprott Foundation
United Ways of Halton:
 United Way Burlington & Greater Hamilton
 United Way Halton Hills
 United Way Milton
 United Way Oakville

Supporters (\$10,000-\$24,999)

Burlington Community Foundation
Fleck Family Foundation
Lakeside Logistics
Oakville Community Foundation

Contributors (\$5,000-\$9,999)

Blair & Sharon Richardson
Catherine Potechin
CIT Group
First Canadian Title Charitable Foundation
Remsoft
Sean O'Brien
Union Gas/NPL
United Parcel Service
Walton Family Foundation
Wildeboer LLP

**Food for Life partnered with Sodexo's
Feeding Our Future program to deliver
over 6,450 fresh nutritious lunches to
children's summer camps.**

Thank you for your generous donations!



Facilitators (\$1,000-\$4,999)

Alan Tanner
Bethel Christian Reformed Church
Brant Hills Presbyterian
Brenda & Doug Zinkiewich
Carolyn Simpson
Cobs Bread
Compass Point Bible Church
Cooperators
David & Sybil Nowell
Derick Brenninkmeyer Charitable Foundation
Faith Christian Reformed Church
Federal Government Summer Student Program
Food Banks Canada
Halton Region Police Association
Heather Wylie
Jeff Zabudsky
Knights of Columbus Marian Council 3881
Manulife
Michael & Cathy Dwyer
Rotary Club Burlington North
Roy Speed and Ross
Sarah Rae
St. Albans Anglican
St. Judes Church Oakville
Tempus Choral Society
Troy Pocaluyko

FINANCIAL DONORS

Leadership Giving

2013/2014 - 2015/2016

Bethel Christian Reform
Blair & Sharon Richardson
Brenda & Doug Zinkiewich
Catherine Potechin
CIT Group
Cobs Bread
Compass Point Bible Church
David & Sybil Nowell
Derick Brenninkmeyer Charitable Foundation
Faith Christian Reformed Church
First Canadian Title Charitable Foundation
Food Banks Canada
Grocery Foundation
Halton Region Community Investment Fund
Heather Wylie
Jeffrey Zabudsky
Lakeside Logistics
May Court Club of Oakville
Michael & Cathy Dwyer
Oakville Community Foundation

Ontario Trillium Foundation
Remsoft
Rotary Club of Burlington Lakeshore
Sarah Rae
Sprott Foundation
St Albans Anglican
St. Jude's Church Oakville
Tempus Choral Society
The Joyce Foundation
Tim Hortons
Troy Pocaluyko
Union Gas/NPL
Union Gas (Vancouver Foundation)
United Ways of Halton:
 United Way Burlington & Greater Hamilton
 United Way Halton Hills
 United Way Milton
 United Way Oakville
Walton Family Foundation

In-Kind Partners

Language Marketplace Inc.
Softchoice Corporation
The Co-Operators

Thank You

Thank you to all our Ride to Provide supporters and participants. In collaboration with Burlington Food Bank/Partnership West we were able to raise **\$50,000**

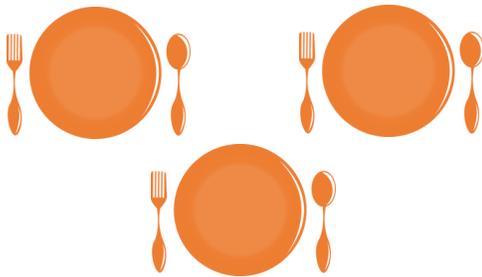
Food for Life's annual Turkey Drive continues to be a successful event providing turkeys to families in need over the holiday season. Thank you to Fortinos, our partners and volunteers.



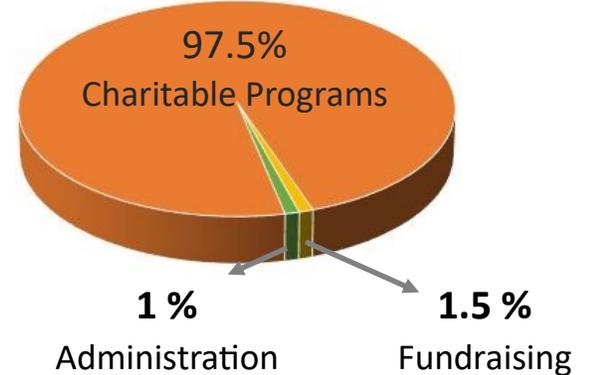
WORKING WITH THE COMMUNITY



\$1 = 3 Meals



Fiscally Responsible



"It allows us to have more choices for meals and we don't have to worry about money for food."

Neighbour



2015/2016 Food for Life Canada Charitable Corporation

Financial Statement



Fiscal Year End September 30, 2016	2016	2015
Revenues		
Halton Region Community Investment Fund	\$ 138,038	\$ 135,624
United Way	107,625	106,546
Donations and Fundraising	154,423	128,623
Amortization of deferred contributions	67,650	47,895
Foundation grants	303,503	210,666
Other income	10,004	10,264
Gain on disposal of vehicle		15,236
Donated food	5,815,523	5,406,564
	6,596,766	6,061,418
Expenditures		
Salaries, benefits and contracts	\$ 433,443	\$ 391,504
Amortization	69,744	53,071
Warehouse rental	46,337	46,913
Vehicle operating costs	80,273	63,166
Warehousing and supplies	21,291	10,549
Professional fees	20,844	21,331
Administration	22,278	17,756
Travel and conferences	6,039	9,583
Utilities	16,676	14,791
Promotion	9,642	20,215
Telephone	5,794	6,378
Insurance	4,769	4,646
Fundraising	6,194	2,225
Distribution of donated food	5,815,523	5,406,564
Other agency support	41,285	
	6,600,132	6,068,692
Excess of expenditures over revenues	\$ (3,366)	\$ (5,957)



food for life

Ci★★★★★ **Canada's Top 10 Charities** By CCF
2014 Charity Intelligence Canada



Our Mission

To source and distribute fresh, nutritious food to those in need through community partnerships.

2258 Mountainside Drive | Burlington, ON | L7P 1B7

(905) 635-1106

www.foodforlife.ca

stophungerpains.ca



Food for Life



@foodforlife

**Charitable Registration Number
890943772RR001**